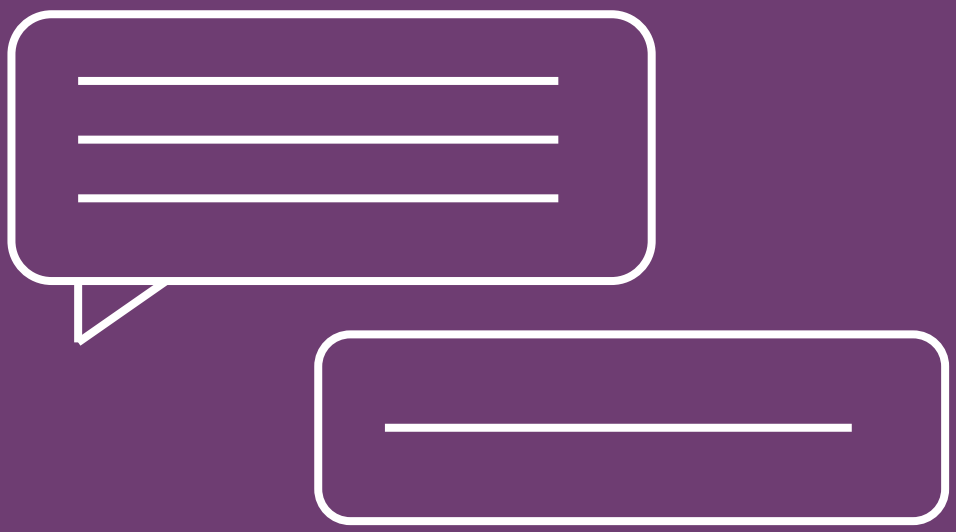
BOOKCHOWK / PRACTICAL MINI BOOKS

Comparison Without the Scoreboard

Use another person’s progress as information without grading your whole life



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10 focused pages + editable companion | 5 November 2026

One useful result

Use another person’s progress as information without grading your whole life. Work through one lesson at a time, then use the three printable worksheets on a real, low-stakes situation.

Your route through this mini book

1. Notice the comparison you are making

2. Choose a fair unit of learning

3. Translate interest into a small experiment

4. Review your own movement

Read the lesson, compare the worked example and complete the action. Pages 7-9 are writing sheets; page 10 helps you review the result. The editable Markdown companion contains the same prompts for reuse in a notes app.

For personal learning and practice. Examples are fictional; adapt the worksheets to your situation.

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Notice the comparison you are making

A comparison often combines a visible result with an invisible story about what it means. Write the result you observed and the conclusion you added. You may know someone launched a business; you may not know their costs, support, time or setbacks. Naming that gap does not dismiss their work. It helps you decide whether the comparison contains useful information or is only making a broad judgment about your worth.

Worked example

Observed: a colleague launched a website. Added story: everyone is moving ahead except me. Unknown: how long they prepared, what help they had and whether the website earns anything.

Try it now

Choose a low-stakes comparison. Make three columns: observed, assumed and unknown. Keep private speculation out of the observed column.

NOTICE → CHOOSE → TRY → REVIEW