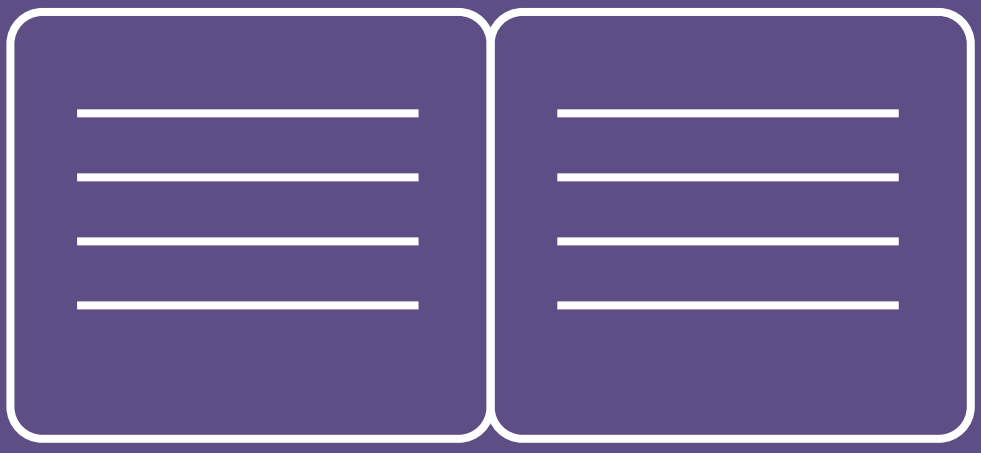
BOOKCHOWK / PRACTICAL MINI BOOKS

Hosting Guests as a Team

Agree the visit, share the work and protect private space



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One useful result

Agree the visit, share the work and protect private space. Work through one lesson at a time, then use the three printable worksheets on a real, low-stakes situation.

Your route through this mini book

1. Agree before inviting

2. Make the invisible jobs visible

3. Protect private space kindly

4. Review without keeping score

Read the lesson, compare the worked example and complete the action. Pages 7-9 are writing sheets; page 10 helps you review the result. The editable Markdown companion contains the same prompts for reuse in a notes app.

For adults 18+ sharing ordinary household decisions. Joint exercises are optional. Where there is fear, coercion or abuse, prioritise safety and individual support over a shared worksheet.

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Agree before inviting

An invitation affects everyone who shares the home. Discuss who is visiting, how long they will stay and what is realistic before making promises. Make room for different preferences about noise, privacy and social time. A reluctant yes is worth revisiting. This workbook is for ordinary adult household planning, not for situations involving fear or coercion.

Worked example

One person wants relatives for a full weekend; the other has a work deadline. A Saturday lunch may serve the relationship better than promising two nights and arguing afterwards.

Try it now

Privately list what would make a visit workable for you. Compare lists without treating either person’s needs as a problem to defeat.

NOTICE → CHOOSE → TRY → REVIEW