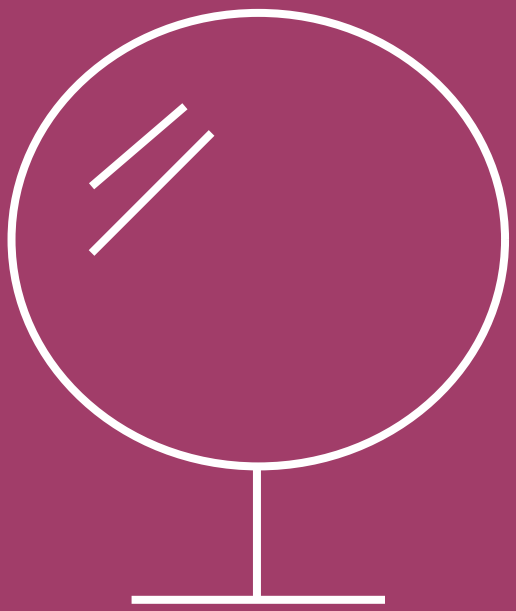
BOOKCHOWK / PRACTICAL MINI BOOKS

The Occasion-Ready Kit

Prepare a small personal kit for a long day using what you own



SanjAI Matta

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10 focused pages + editable companion | 12 November 2026

One useful result

Prepare a small personal kit for a long day using what you own. Work through one lesson at a time, then use the three printable worksheets on a real, low-stakes situation.

Your route through this mini book

1. Plan for the actual day

2. Choose items by purpose

3. Rehearse access and carrying

4. Reset after the occasion

Read the lesson, compare the worked example and complete the action. Pages 7-9 are writing sheets; page 10 helps you review the result. The editable Markdown companion contains the same prompts for reuse in a notes app.

A personal organisation workbook only. It gives no cosmetic-treatment, skincare or medical advice. Follow product labels and relevant professional guidance.

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Plan for the actual day

Start with the length, setting and practical demands of the occasion. A long work event, a wedding visit and a short lunch need different preparation. Name what would help you feel comfortable and ready without building an imaginary emergency bag for every possibility. This workbook organises belongings and preferences; it does not prescribe cosmetic, skincare or medical products. Choose items you already know how to use appropriately.

Worked example

A person attending an afternoon function needs a travel plan, a mirror, tissues and an agreed place for a spare pair of comfortable footwear. They do not need to buy a large new beauty collection.

Try it now

Describe one fictional occasion and list three practical needs. Separate necessary, useful and optional items.

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