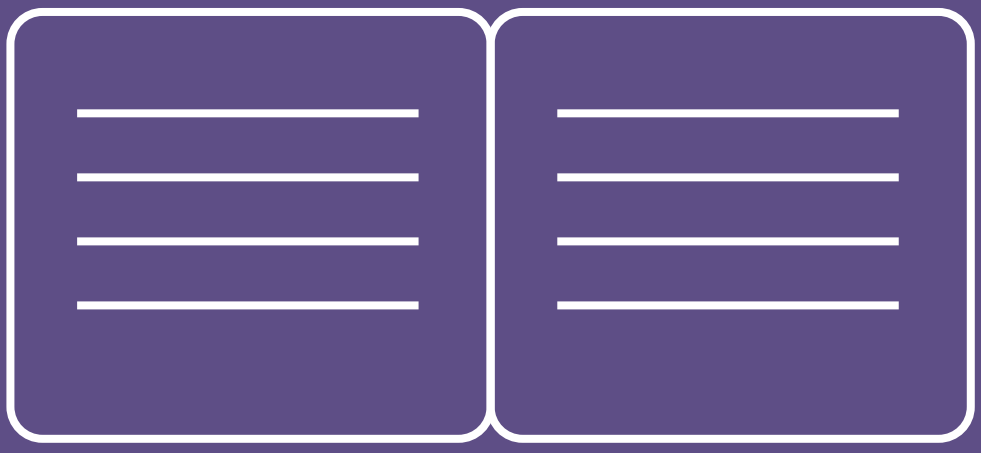
BOOKCHOWK / PRACTICAL MINI BOOKS

Before We Spend Together

A respectful conversation workbook for a shared purchase or occasion



SanjAI Matta

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10 focused pages + editable companion | 29 October 2026

One useful result

A respectful conversation workbook for a shared purchase or occasion. Work through one lesson at a time, then use the three printable worksheets on a real, low-stakes situation.

Your route through this mini book

1. Choose one shared decision

2. Make contributions explicit

3. Agree a pause before changes

4. Review the outcome kindly

Read the lesson, compare the worked example and complete the action. Pages 7-9 are writing sheets; page 10 helps you review the result. The editable Markdown companion contains the same prompts for reuse in a notes app.

For adults 18+. Communication exercises only, not financial or legal advice. Do not use joint exercises where there is fear, coercion or abuse.

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Choose one shared decision

Start with a specific purchase or occasion rather than every money disagreement in the relationship. Each adult can privately write what matters, what feels affordable and what they do not want to commit to. Compare the purpose before comparing prices. This is a communication exercise, not a recommendation about investments, loans, taxes or legal ownership. Participation must be voluntary.

Worked example

Two adults are planning a family celebration. One values a small guest list and a calm evening; the other values inviting relatives. Naming the purpose helps them explore options before treating one venue price as the only issue.

Try it now

Choose a low-stakes shared decision. Each person writes the desired experience and one concern.

NOTICE → CHOOSE → TRY → REVIEW