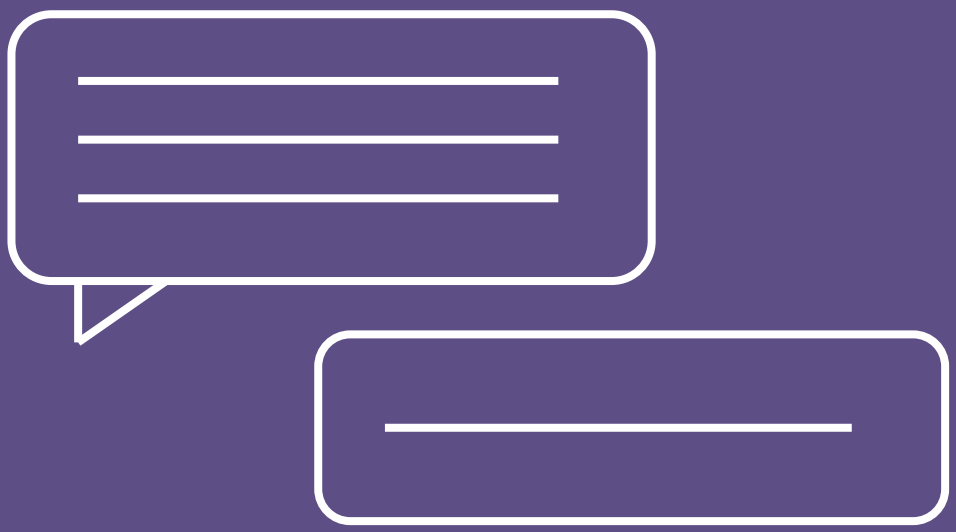
BOOKCHOWK / PRACTICAL MINI BOOKS

Sharing Digital Space

Agree everyday boundaries for household devices, photos and group chats



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One useful result

Agree everyday boundaries for household devices, photos and group chats. Work through one lesson at a time, then use the three printable worksheets on a real, low-stakes situation.

Your route through this mini book

1. Separate shared use from personal access

2. Ask before posting someone else’s story

3. Make group-chat expectations workable

4. Review changes without surveillance

Read the lesson, compare the worked example and complete the action. Pages 7-9 are writing sheets; page 10 helps you review the result. The editable Markdown companion contains the same prompts for reuse in a notes app.

For adults 18+. Voluntary communication exercises only. Do not use them for surveillance, password demands or coercive control. They are not legal or cybersecurity advice.

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Separate shared use from personal access

A household may share a television or tablet while each adult still has private accounts, messages and choices. List what is shared and what remains personal. Access to a device is not automatic permission to open every account on it. Agreements should be voluntary and understandable. Do not use a worksheet to demand passwords, monitor a partner or justify control. Where there is fear or coercion, prioritise individual safety and support over a joint exercise.

Worked example

Two adults share a tablet for streaming. They agree that personal email stays in separate accounts and that using the tablet does not mean reading each other’s messages.

Try it now

List three shared digital situations and the permission each actually includes. Write one assumption you need to discuss rather than act on.

NOTICE → CHOOSE → TRY → REVIEW